



Paediatric CPD events:

Chiropractic approach to pelvic girdle pain in pregnancy

Date: Saturday 11th September 2010

Neonatal examination and treatment

Date: Sunday 12th September 2010

Venue: Holiday Inn, Gatwick Airport, Povey Cross Road, Horley RH6 0BA (maps/directions sent with registration confirmation).

Event outline

These two seminars are designed to stand alone or can be undertaken together. They complement each other and, together, will enable you to provide excellent support for your pregnant patients and gain confidence in examining and treating newborn babies. Chiropractic care of the pregnant patient and common conditions seen in babies in clinical practice will be covered as will a range of techniques suitable for immediate use.

Facilitator: Elisabeth Davidson, FCC (Paeds)

Originally from Denmark, Elisabeth graduated from the AECC in 1994 and completed an MSc in Advanced Chiropractic Paediatric Practice in 2007. She is a Fellow of the College of Chiropractors Paediatric Faculty and is involved in mentoring, research and postgraduate teaching. She owns two clinics in Aberdeen and Inverurie in Scotland and has a vast experience treating children and pregnant women.

Registration fees:

College Members – 1 day: £89, 2 days: £165

Paediatric Faculty members – 1 day: £79, 2 days: £145

Non-members – 1 day: £125, 2 days: £240

How to Register: Please phone 0118 946 9727/email: admin@colchiro.org.uk to register with Direct Debit payment, or complete the registration form (below or linked) and send it with your cheque payable to 'College of Chiropractors' to the address provided.

Cancellations: Fees will be refunded, less a £10 administration charge, for all cancellations received at least 10 days before the event. No refunds can be given after this date.

Day 1: Chiropractic approach to pelvic girdle pain in pregnancy Saturday 11th September 2010

09:00 Registration & coffee

09:30 The pregnant abdomen, skeletal and muscular considerations in pregnancy

- History taking, examination protocols
- Pelvic girdle pain; signs and symptoms, medical model, chiropractic model, guidelines for treatment, uterine constraint and dystocia
- Optimal foetal positioning, working with midwives and doctors
- Exercise recommendations

13:00 Lunch

13:45 Practical session: Webster's Technique, sacral adjustment, buckled sacrum maneuver, piriformis and psoas evaluation, diaphragm, pubic symphysis and pelvic muscle balancing

16:00-16:30 Q&A session

Day 2: Neonatal examination and treatment Sunday 12th September 2010

09:00 Registration & Coffee

09:30 Neonatal orthopaedic and neurological examination

- Normal and abnormal findings
- Primitive reflexes
- Plagiocephaly, dystonia, breast feeding difficulties, colic, gastro-oesophageal reflux

13:00 Lunch

13:45 Practical session, including chiropractic and cranio-sacral techniques suitable for newborns

16:00-16:30 Q&A session

Organiser: Jason Leighton

Registration Form: Pelvic Girdle Pain & Neonatal Examination 11,12/09/2010

Name: _____
Address: _____
Postcode: _____
Email: _____
Phone no: _____

Ref: PAED100911

Registration fees:

- I enclose a cheque for (Day 1) £.....
- (Day 2) £.....
- (both days) £.....
- Please charge my existing Direct Debit mandate £.....

**Please send your completed registration form to:
The College of Chiropractors, Chiltern Chambers,
St Peters Avenue, Reading RG4 7DH**