



# Adjusting the pregnant patient and neonates

Part one of a series of seminars on pregnancy and paediatric theory and practice

**Date:** Saturday 5 & Sunday 6 July 2008

**Venue:** Baskerville House, Centenary Square, Birmingham

**Cost:** Paediatrics/Craniopathy Faculty Members £230, CoC Members £240, Non-members £295

## Seminar Outline:

### Day One

#### Morning session: Pregnancy and birth

Review of the anatomy and physiology; the differences between the pregnant and the non-pregnant woman, with emphasis on the endocrine and musculo-skeletal systems. Foetal presentations and types of delivery.

#### Afternoon session: From birth to six weeks

- Review of embryonic and foetal development, with emphasis on neurological and skeletal development, relating structure to function.
- Review of history taking, clinical evaluation and examination protocols.
- Neurological and orthopaedic exam, to include primitive reflexes, consent. The importance of observation, the use of growth and development charts. Emphasis on the window of opportunity to adjust within the first six weeks of life and how to feel confident adjusting a neonate.
- Feeding the baby, nutrition of child and mother, sleep patterns and positions.

### Day Two

- Brief recap on previous day
- Adjusting techniques
- Four break out sessions in the morning and the afternoon, delegates can attend two only
  - Cranial sacral therapy
  - Sacral occipital technique
  - McTimoney spinal and peripheral adjusting
  - Other techniques including activator
- Time at end for questions and to close the day.

## Seminar Speakers:

- Stephen P. Williams D.C., DICS., F.C.C. (paed), F.C.C. (cranio)
- Madeleine Brzeski FCC (paed)
- Elisabeth Davidson FCC (paeds)
- Jason Leighton FCC (paeds)
- Giles Courtis FCC (Cranio)





## Day 1 Speaker

### Stephen P. Williams

D.C., DICS., F.C.C. (paed), F.C.C. (cranio)

Stephen has had a significant interest in chiropractic paediatrics for the past twenty years. He has lectured extensively to chiropractic, medical and dental groups in United Kingdom, Australia, France, Switzerland, Greece, Norway and the United States. He is a Fellow of the College of Chiropractors Faculties of Paediatrics and Craniopathy and has played a significant part in developing the MSc in APD Chiropractic Paediatrics currently running at the AECC and teaches a paediatric certification course for Logan College in the USA. He is a past Director of Academic Affairs for the College of Chiropractors Faculty of Paediatrics, and is currently president of SOTO Europe as well as being an elected member of the United Kingdom General Chiropractic Council. Dr Williams currently runs a family based practice in Southampton specialising in craniopathy and paediatrics. In 2005 he published the book Pregnancy and Paediatrics: A Chiropractic Approach and was made a Diplomat by the International Craniopathic Society in 2006

## Day 2 Speakers to include:



### Madeleine Brzeski

FCC (paed)

McTimoney spinal and peripheral adjusting



### Elisabeth Davidson

FCC (paeds)

Cranial sacral therapy



### Jason Leighton

FCC (paeds)

Activator and other techniques



### Giles Courtis

FCC (Cranio)

Sacral occipital technique

There are many chiropractors, especially new graduates, who feel that they are not as confident as they would like to be regarding their paediatric knowledge and skills. Therefore these seminars have been designed to review academic knowledge and reinforce practical skills and perhaps bridge the gap between undergraduate and post graduate study. We are hoping that chiropractors who have

an interest in paediatrics will possibly be inspired enough, by these seminars, to consider enrolling onto one of the two masters programmes currently available. This would increase the level of expertise in the UK, promote paediatric chiropractic as a valid health care model in the UK and increase the number of members of the faculty. Future seminar dates in the series:

- Six weeks to pre-school - 30 & 31 August 2008 - Birmingham
- Four years to ten years - 8 & 9 November 2008 - Birmingham
- Ten years to adult - 31 January & 1 February 2009 - Birmingham

## CPD

The educational duration of this seminar is 14 hours. Certificates of attendance will be provided. Day 1 of each seminar will feature an experienced Speaker who will present a detailed review of the seminar topic. Day 2 will be split into numerous working groups and feature demonstrations on several key techniques.

**How to Register:** Complete the form below and send it with your cheque payable to "College of Chiropractors" to College House (address below).

**Venue:** Baskerville House, Centenary Square, Birmingham, B1 2ND  
Tel: 0121 503 2000 [www.targetspace.co.uk](http://www.targetspace.co.uk) Maps and directions will be sent with your registration confirmation.

**Cancellations:** Fees will be refunded less a £15 administrative charge for all cancellations received on or before 27 June 2008. No refunds will be given after this date.

## Programme

8.45am	Registration
9.00am – 5.00pm	Day 1 (Includes lunch & refreshments)
9.00am – 5.00pm	Day 2 (Includes lunch & refreshments)

College of Chiropractors, Chiltern Chambers, St Peters Avenue, Reading, RG4 7DH

T: 01189 469 727

E: [admin@colchiro.co.uk](mailto:admin@colchiro.co.uk)

W: [www.colchiro.org.uk](http://www.colchiro.org.uk)

## Registration Form: Pregnant Patient & Neonates, Saturday 5 & Sunday 6 July 2008

Name \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Postcode \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

### Early bird registration fee - BEFORE 27 Jun 2008

- Paediatrics & Craniopathy Faculty £230  
 College Member £240  
 Non-Member £295

### Late registration fee - AFTER 27 Jun 2008

- Paediatrics & Craniopathy Faculty £245  
 College Member £255  
 Non-Member £310

TOTAL FEE ENCLOSED £ \_\_\_\_\_

OFFICE USE ONLY: PAE

E REG RECEIPT

Please make cheques payable to "College of Chiropractors"