



N.B. MYMOP (Measure Yourself Medical Outcome Profile, <http://sites.pcmd.ac.uk/mymop>) is a validated patient-reported measure of symptoms, feeling of wellbeing and ability to undertake important activity. A demonstration of positive change (i.e. improvement) through use of such a tool does not unequivocally prove the clinical effectiveness of the intervention, but it does indicate that important aspects of a patient's health status improve during the period they are receiving care.